

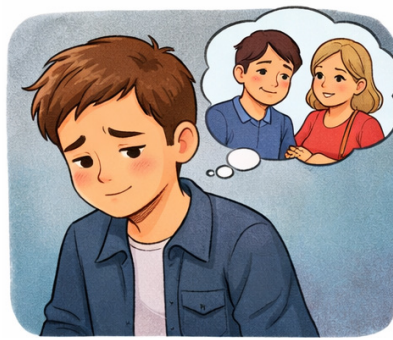


Reading Activity

1. Diana and her friends are talking about their regrets in the past. Read their speeches and complete the statements with the correct names. (K.E11.5.R1)



Diana: When I was younger, I made fun of my friends, and they stopped spending time with me. Now I regret my behaviour.



Robert: I told a lie to my parents in the past, and I felt very embarrassed later. I regret not telling the truth.



Donald: I didn't drive carefully last night, so I had an accident and hit a tree. Now I regret my careless driving.



Susan: I forgot my mother's birthday, and she felt very sad. I regret not remembering such an important day.



Daisy: I slept very little last week because of my work. Now my health has deteriorated, and I feel exhausted.

1. regrets forgetting an important family event.
2. regrets being disrespectful to friends
3. wishes she had slept more and taken better care of her health.
4. is sad about lying to his parents.
5. wishes he had driven more carefully last night.

2. Read again and match the conditions (1-5) with the results (a-f).

☐ 1. If I had remembered her birthday,

a. we would still be close friends today.

☐ 2. If I hadn't lied,

b. I wouldn't be having health problems now.

☐ 3. If I had slept enough,

c. the accident wouldn't have happened.

☐ 4. If I had been more respectful,

d. I wouldn't have felt so guilty afterward.

☐ 5. If I had driven more slowly,

e. she would have been happy.



Listening Activity

3. Listen to Shirley's wishes and put the pictures in the correct order. (K.E11.5.L1)



Reading Activity

4. Read the text and answer the questions. (K.E11.5.R1)



My name is Philip, and I am 48 years old. When I was younger, I focused too much on my career and didn't spend enough time with my family. I regret not being there for them when they needed me. I wish I had spent more time with my children. I also regret not taking my health seriously. I ignored my doctor's advice and worked long hours without resting. I wish I had taken better care of my health. If I had lived a healthier life, I would have more energy today. Another regret is about my education. I didn't continue my studies because I wanted to start earning money early. I wish I had continued my education. If I had studied more, I would have had better career opportunities. Because of these experiences, now I understand the importance of balance in life.

1. What did Philip focus on when he was younger?

.....

2. Why didn't Philip continue his education?

.....

3. How would Philip's life be different today if he had lived a healthier life?

.....

4. Which of Philip's regrets do you find the most important? Why?

.....



Writing Activity

5. Read Lisa's thought bubbles and write her wishes using the words given. (K.E11.5.W1)



A. Present Wishes (wish + Simple Past)

1. play / the guitar

Lisa wishes
.....

2. not be / shy

Lisa wishes
.....

3. live / in a big, quiet house

Lisa wishes
.....

4. have / more friends

Lisa wishes
.....

B. Past Regrets (wish + Past Perfect)

1. study / harder for the science exam

Lisa wishes
.....

2. not spend / so much time on social media

Lisa wishes
.....

3. listen / to her mother

Lisa wishes
.....

4. go to bed / earlier

Lisa wishes
.....

6. Now, write your own wishes. (K.E11.5.W1)

A. Present Wishes (wish + Simple Past)

1.

2.

B. Past Regrets (wish + Past Perfect)

1.

2.



Reading Activity

7. Read the speech bubbles and make sentences as in the example. (K.E11.5.R1)

Emma



I stayed up very late watching series last night, so I was very tired at school.

Mark



I didn't read the exam questions carefully, so I made silly mistakes.

Jason



We didn't book the tickets early, so we couldn't attend the concert.

Olivia



I left my phone at home, so I couldn't call anyone.

Daniel



I didn't help my friend with her project, and she failed it.

Helen



I spent all my money on clothes, so I couldn't buy the book I needed.

Emma: If I hadn't stayed up very late watching series last night, I wouldn't have been very tired.

Mark: a.

Jason: b.

Olivia: c.

Daniel: d.

Helen: e.



Speaking Activity

8. Use the speech card below to talk about one regret or wish from your past. (K.E11.5.S1)



Speech Card

Talking About Regrets and Wishes (Past Events)



First, think about your focus:

- A mistake or decision in the past
- A missed opportunity (family, education, health, friendship, travel, career)
- A past action you regret
- How your life could be different now

Useful Phrases:

- I would like to talk about something I regret in my past.
- When I was younger / In the past, I ...
- I regret (not) ...
- I wish I had / hadn't ...
- If I had ..., I would have ...
- Because of that, now I ...

Useful Words Bank:

- **Verbs:** study, listen, save, spend, help, choose, travel, ignore, forget, decide
- **Nouns:** exam, advice, opportunity, mistake, health, career, money, family, future
- **Feelings:** regretful, disappointed, embarrassed, upset, thankful, proud